

GYMNASIUM POLICIES



The gymnasium is a shared space for youth programs, leagues, members, and guests. Please help us create a safe, welcoming, and respectful environment for everyone.

Schedule of Activities

Check our current court schedule of leagues, programs, and rentals by scanning the QR code, or online at faymca.org



COURT ETIQUETTE

**Respect Everyone:**

Players, coaches, officials, staff, and spectators.

**Wear Proper Gear:**

Shirts and clean, non-marking athletic shoes required at all times.

**Encourage Sportsmanship:**

Support teammates, opponents, and keep fan behavior family-friendly.

**Respect the Roles:**

Allow coaches to guide the teams and referees to call the game.

**Respect Schedules:**

Honor designated activities and court reservations.

**Refrain from Harassment:**

No hateful language, foul words, trash talk, or threatening behavior.

GENERAL POLICIES

**Food & Drinks:**

Food / drinks allowed in gym, but not on the court. No gum chewing or spitting.

**No Dunking or Hanging:**

Prohibited on rims unless authorized.

**No Throwing Equipment:**

Do not throw balls or equipment at people, walls, or ceilings.

**No Court Crossing:**

Do not run through or behind active courts.

**No Climbing:**

Stay off bleachers, goals, referee stands, or other facility equipment.

**Zero Tolerance:**

No fighting, bullying, horseplay, or harassment.

SAFETY

**Report Concerns:**

Tell staff immediately about injuries, damaged equipment, or unsafe conditions.

**Follow Directions:**

Obey instructions from coaches, officials, and YMCA staff at all times.

**Keep Exits Clear:**

Maintain clear access to emergency exits and doors.

**Clear Boundaries:**

Keep walkways, sidelines, benches, and court lines free of gear & spectators.

**Follow Safety Signs:**

Adhere to all posted facility and emergency safety instructions.

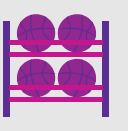
**Secure Belongings:**

Store personal items in lockers; the YMCA is not responsible for lost or stolen property.

EQUIPMENT

**Use as Intended:**

Use gym equipment properly and for its designated purpose only.

**Return After Use:**

Put back all equipment (balls, mats, pads) to designated storage after use.

**Do Not Kick Balls:**

Avoid kicking balls intended for hands (basketballs, volleyballs).

**Do Not Modify Setup:**

Do not move goals, nets, or bleachers without staff approval.

**Do Not Climb:**

Referee stands are strictly off-limits.

**Keep Equipment On-Site:**

Do not remove any YMCA equipment from the gymnasium.

**Youth Access:**

Children under 13 must be supervised by an adult at all times.

Technology Guidelines:

No talking on phones, using speakers, and taking photos or videos of others without permission.



BE RESPECTFUL. BE SAFE. HAVE FUN!

FOOTHILLS AREA YMCA