



# A Healthier Team Starts Here

## CORPORATE WELLNESS PROGRAM

Partnering with the Foothills Area YMCA enhances employee health, morale, and productivity through an affordable Corporate Wellness Program. This initiative provides access to fitness and family-friendly programs, enabling employees to feel better, stay active, and thrive at work and home.

### Why Partner with the Y

- ✓ \$0 joining fee
- ✓ 10% off monthly dues
- ✓ Flexible payment options: employer or employee-paid
- ✓ Supports employee wellness, retention, and work-life balance
- ✓ On-site annual visit from the Y to promote programs and services






### Membership Type

	Standard Monthly Rate	Empl. or Corp. pays the Y (monthly)
Family: Two adults and all dependents through age 24 living in the same household	\$80	\$72
Individual: One adult aged 25-59	\$58	\$52.20
Two Adult Household: Two adults 25-59 living in the same household	\$72	\$64.80
Senior Individual (60+)	\$47	\$42.30
Senior Household Membership: Two adults, one of which is ≥ 60, living in the same household	\$68	\$61.20
Young Adult (18-24)	\$47	\$42.30

### Program Requirements

- ✓ A minimum of 8 active membership units is required at all times to qualify for and maintain the discount
- ✓ Participating companies agree to host one on-site visit per year to promote memberships, programs, and services

### Membership Perks


-  6-lane, 25-yard heated indoor pool
-  Newest fitness equipment w/ FREE fitness coaching (FitQuest)
-  Unlimited group exercise classes (land & water)
-  Supervised childcare for FAMILY memberships
-  Nationwide YMCA membership
-  Programs for all ages
-  Certified personal trainers
-  Safe, family-friendly atmosphere

## READY TO GET STARTED?

### Contact:

Tori Banning  
Membership Coordinator

 864.571.9622

 [tbanning@faymca.org](mailto:tbanning@faymca.org)

or scan the QR code



### Even More Coming in 2026!

Enjoy expanded programs, enhanced spaces, and additional amenities with our Phase II expansion. Find our more at [faymca.org/phase2](http://faymca.org/phase2)