Cottingham Campus Pool Schedule:

*Blue squares indicate lap swim lanes

November 20-26

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 AM				CLOSED FOR THANKSGIVING		Pool Opens At 7:00am	Pool Opens at 1pm
6:00 AM	Swim Team 6:00 - 7:30						
6:30 AM							
7:00 AM						Open Swim 7:00- 9:00am	
7:30 AM							
8:00 AM							
8:30 AM	Aqua Challenge Mary 8:45-9:45	Water Works Debbie 8:30-9:15	Aqua Challenge Nancy 8:45-9:45		Aqua Challenge Nancy 8:45-9:45		
9:00 AM						Group Swim Lessons	
9:30 AM							
10:00 AM	Aqua Basics Mary 10:00-10:45	Aqua Yoga 9:30-10:15	Water Works Nancy 10:00-10:45		Board Crazy Nancy 10:00-10:45		
10:30 AM							
11:00 AM	Open Swim	Open Swim 10:15-3:30	Open Swim 10:45-8:30		Water Works Nancy11:00-11:45	Open Swim 11:00am- 4:30pm	
11:30 AM							
12:00 PM							
12:30 PM					Open Swim 11:45-4:30		
1:00 PM							Open Swim 1:00 - 4:30pm
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM	Swim Team 3:30 - 6:30	Swim Team 3:30 - 6:30					
4:00 PM							
4:30 PM					Swim Team 4:30-6:00	POOL CLOSES AT 4:30pm	POOL CLOSES AT 4:30pm
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM					SDOC Family Fun Night		
7:00 PM							
7:30 PM							
8:00 PM					POOL CLOSES AT 8:00pm		
8:30 PM	POOL CLOSES AT 8:30pm	POOL CLOSES AT 8:30pm	POOL CLOSES AT 8:30pm	POOL CLOSES AT 8:30pm			

Lanes will be available on a first-come, first-serve basis, and all swimmers are expected to share lanes if necessary. For help with lap lane usage, please speak to a Lifeguard, Swim Coach or Aquatics Director. Lifeguards/ Swim Coach/ Aquatics Director make the final call when the pool is full and sharing is necessary. Lap lanes may be reserved for individual swimming lessons 30 minutes prior to the lesson, indicated by lane reservation signs.
BE SURE TO SIGN UP FOR OUR NEW APP FOR TIME-SENSITIVE POOL & FACILITY NOTIFICATIONS.

EVENTS / RESERVATIONS / PROGRAMS

The following is a list of scheduled events, reservations/rentals, and programs that will result in a deviation from the posted pool schedule (subject to update and additions)

No SDOC S&SS Program:
M-F, November 17-26

Lifeguard In-Service Training:
2-3 Lanes / Tuesday, 12/19/23, 2 pm-4:30pm & Saturday, 12/30/23, 11:30 am- 2pm.